

Wednesday Gathering in Rockville - Erotic movement 2/24/10

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Related Categories: Sandbox, Dancing, Erotic

This Wednesday [Sandbox gathering](#) we explore Erotic and Sensuous Movement with Jim Guzel.



Everybody moves - faster, slower, gracefully or not, sooner or later, we all move. Sometimes, we move for fun – eat something, play a favorite sport, dance, whatever. But for the majority of us, the most fun is when the movement involves our sexual energy.

Perhaps the movement is as simple as taking a deep breath followed by a sharp exhalation. Wiggling toes, thrusting hips, stalking like a tiger, slithering like a snake, maybe it is a dance, following the music as the drums pound into our guts. Maybe it's just moving to our own increasing heartbeat. And it can be a lot of fun to move in response to another human being who has the same general idea in mind or body.

Often we get hung up in some way about doing this kind of movement. Injuries, age, taboos, bad body image, all prevent us to being less than we might be. I'm a portrait photographer and I wasn't long into following that career path before I discovered, wonder of wonders, that people look their best when they are turned on. I've added many tricks to my bag since then and all those tricks are designed to do one thing, turn people on so that their beauty shines. Along the way, people have lots of fun and discover that they are capable of doing a lot more with their bodies than they previously thought. I'd like to share the movement portion of that experience with you.

Please come prepared to move - dress or undress accordingly. Three piece suits or birthday suits will all work if you let it. Just ask my clients. Be careful with the flowing sorts of clothing and props. You may be rolling around on the floor a bit and the costuming could tangle you up. Actually that can be a good bit of fun, too. But just know in advance that you may be exploring some light, self-imposed bondage if you do go that route.

Jim Guzel is the owner/operator of Aphrodite Photography in Washington, DC. www.AphroditePhoto.com He is also the DC area promoter of a variety of conscious and improvisational dance events, including Gabrielle Roth's 5Rhythms, Toni Bergins' JourneyDance and Amy Mattison's Ecstatic Dance. For longer than he would care to admit, Jim has been pushing his own boundaries and those of anyone who is crazy enough to hang out with him. With surprising frequency, he is also paid to do the same for clients.

The movement begins after dinner at 8pm. I invite you to join us, though as always what ever choice you make you will be honored in.