

Body Beloved 5/11/11 - Wed Gathering in Rockville

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This Wednesday [Sandbox gathering](#) we join Sherry Tuegel on A Journey to Deepen Self Love. Can you accept yourself just as you are, right now? How you comfortable feeling through your body? Can you allow yourself to be worshipped? Do you love every inch of your body?



Sherry says:

"I will create the sacred space for you to safely explore these questions, and more!

- The seed of unconditional love must be planted within.
- Delight of our body's sensuality and sexuality creates the most fertile soil.
- From which our deepening intimacy with ourselves may blossom, and release a joyful fragrance to infuse our lives with the sweetness of bliss.

Come discover the treasure of wisdom hidden within your body. Learn to embody your true Divinity with grace and ease. Unleash the God and Goddess within.



Sherry Tuegel is a Transformational Teacher and Facilitator offering a fusion of services to help ignite the heart, remove limiting beliefs and relax and heal the body. She has a background in Psychology, Reiki, All Love, Psych-K, Matrix Energetics, Quakerism, Buddhism, Tantra and Yoga. <http://www.love-transforms.com> . sherrytuegel (at) verizon.net or 410-598-1010.

The workshop begins after dinner at 8pm. I invite you to join us, though as always what ever choice you make you will be honored in.