

Spanking for Health, Healing and Happiness 12/1/10 - Wed Gathering in Rockville

Posted At : November 15, 2010 6:19 PM | Posted By : Michael Smith

Related Categories: BDSM, Sandbox, Health

This Wednesday [Sandbox gathering](#) we learn about Spanking for Health, Healing and Happiness with Steve Karuna Maitri and Rev. Fisher. Do you want create deep connection with others? Do you want to release blocked emotions and reduce stress? Would you like absolutely transcendent sex with playfulness and joy?



For so many of us, spanking can act as a direct gateway to our emotions, sexuality, happiness and well being. Yet this practice has gone unrecognized as the powerful healing modality that it truly is. Steve Karuna Maitri will show you the limitless possibilities that spanking offers for creating deep connection, understanding, emotional health and absolutely

transcendent sex. Find out how this practice can help you release blocked emotions, reduce stress and foster a deep and balanced partnership between you and those you love while adding a healthy dose of joy and playfulness to your life.

Steve Karuna Maitri has been a Zen Buddhist practitioner and meditation teacher in the Washington, DC area for more than a decade. In his practice, he combines mindfulness meditation, deep listening, spanking and massage to help his clients transform their lives and move forward on the path towards being whole. He has worked with clients to relieve stress, release blocked emotions and transform negative behavior patterns. He also works with couples to understand how spanking can deepen and transform their loving relationships.

Rev. Fisher received her seminary and spiritual counseling training at The New Seminary Interfaith Minister Training Program, and One Spirit Interfaith Seminary of NYC where she was ordained in 2007. She is a Spiritual Counselor, Liturgical Singer, Reiki Master, Intuitive Empath, Energetic Healer, and a Sensual Shaman, utilizing sensual energy for the healing of

geographic locations, people, and animals. She has been facilitating spiritual exploration for adults and children for over 20 years through her educational, meditation, and womens' spiritual support groups. As a sacred sexuality practitioner she is committed to helping expand people's awareness of the powerful therapeutic benefits and joys of spanking.

You can learn more at <http://www.spankingforwellness.com>

The workshop begins after dinner at 8pm. I invite you to join us, though as always what ever choice you make you will be honored in.