

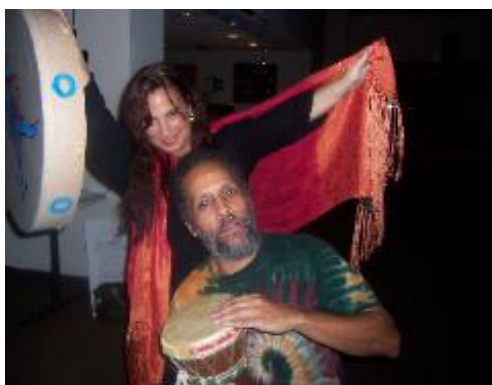
## Your Universal Peace Journey 8/17/11 - Wed Gathering in Rockville

Posted At : July 27, 2011 1:41 PM | Posted By : Michael Smith

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This Wednesday Gathering we learn our own Universal Peace Journey with Joe Kennedy, Jr. in an experiential evening of movement, music, speech, photos and other creative and playful ways! How do you shift dull parts of your life and work to be fun and playful? How can you bring joy and spirit into the everyday?

The purpose of this workshop is to learn creative, fun and practical tools to help enrich our daily lives. We will use movement/body exercises, texts, musical instruments, photographs and more on our journey. You will leave with (1) an expanded awareness of the many possibilities each day can bring and (2) practical activities you can use at home to deepen your creative connection with life on an ongoing basis.



Joe Kennedy Jr. is a performer, musician, teacher, artist, free spirit, and workshop developer. He uses voice, keyboards, world instruments, poetry, dance and video to share his vision of hope. He has played with artists of all types all over the world. Joe creates unique school programs for the Choral Arts Society of Washington, The Washington National Opera and the Kennedy Center, including Let's

Make TV and Let's Make Computer Music programs. He is currently sharing Universal Peace Journeys, an original interactive multi-media production featuring student participation. Joe recently received a grant from the American Composers Forum. In addition to performing and teaching, he

produces and hosts a weekly television show, Close To Nature, which has been on Arlington Independent Media for over 6 years, and he has an ongoing Creative Nature workshop series for people of all ages. You can reach Joe at: [www.universalpeacejourney.com](http://www.universalpeacejourney.com), naturezen at yahoo.com or 703-371-4495