

Poly-mono

Posted At : September 29, 2007 5:31 PM | Posted By : Michael Smith

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I went to Reid and Marica's (Of Cuddleparty fame) workshop on poly-mono relationships last weekend - it was very good. One idea I got from it is that both poly and mono are preferences of loving, like the type of music we prefer. Just because I like jazz doesn't invalidate that you like rock.

Also that one of the key wants of poly folks is freedom to love and for mono folks it is security of their love. And that both can meet if we work on increasing trust. (which is a good thing for all relationships!)

And that for a poly-mono relationship to work all parties need to be skilled at relating and not taking stuff personally. comments?