

## **Kundalini Yoga and Music Spirit Fest 9/17-19/10 WV**

Posted At : January 26, 2010 4:22 PM | Posted By : Michael Smith

Related Categories: Events, Spirit, Health, Yoga

If you like chanting and Kundalini yoga then check out the first Spirit Fest 9/17-9/19/10 in the mountains of West Virginia. Three days chanting, singing, dancing and practicing Kundalini Yoga. With morning Sadhana it is like a mini Solstice nearer to DC!

<http://www.spiritvoyage.com/musicfestival/>

Music Performers and Yoga teachers include

- Snatam Kaur
- Gurmukh
- GuruGanesha Singh
- Nirinjan Kaur
- Sada Sat Kaur
- Gurunam Singh
- Sat Kartar
- Satkirin Kaur Khalsa