

Color healing, Temple of Sun and the Real Sacrilege?

Posted At : May 19, 2011 11:02 PM | Posted By : Michael Smith

Related Categories: Adventure, 2012

I have used color to affect my health for many years - I repainted my house about ten years ago with bright primary colors to give it more life and improve my mood. (Before it was offwhite with black trim inside). More recently I have used colors in clothing and jewelry to change my energy and improve my health. And my acupuncturist Maureen Quinn sometimes using colored lights to help heal me. So this week's Sandbox on [Aura-Soma Color therapy](#) looks very interesting!

Here in Peru I am on a tour with two shamans of Macchu Picchu and other sacred sites near Cusco. I didn't realize that many of these sites are pre-Inca and may be 10,000 years old or more. One site we visited today was the Temple of the Sun which was in the old center of Cusco. During the Spanish invasion of Peru in the 1500s the Catholic church build a cathedral on top of the temple and destroyed most of the Inca spiritual pieces including a star gateway many thousands of years old. All the gold art and spiritual work was shipped to Spain and to The Pope in Italy where a few pieces remain in vaults at the Vatican. The rest was melted down... I guess the church wanted to take over the spiritual energy of the site and convert the natives to catholicism. However the natives while pretending to convert actually changed many of the catholic symbols - for example the Virgin Mary looks very like Pachamama of Mother Earth!

While we were at this sacred site there was a photoshoot for Miss Peru going on there. Lots of pretty young girls in skimpy dress and underwear parading around in very high heels. The thought came to my head - is the photoshoot sacrilegious to the Catholic church? Or is building a Catholic church on top of a thousands of years old Inca spiritual site the bigger sacrilege? To add more food to this thought there was an earthquake 20 years ago here in Cusco - the 400 year old church walls fell down but the 5000 year plus pre-Inca walls were undamaged - perhaps a sign of what Mother Earth wants here? (Side note most other buildings in Cusco were undamaged. And the church rebuild their building on top of the Inca site again. Perhaps by 2012 it will come tumbling down again...)