

Accountability affirmations

Posted At : September 21, 2011 6:58 PM | Posted By : Michael Smith

Related Categories: Spirit

I found these affirmations really powerful - seems to get behind the issues I sometimes have with accountability/ integrity. And how perfectionism and fear of others reactions can get in my way of seeing and telling the truth. What helps you with integrity?

love

M/M

Carol Tuttle wrote:



I am ready, willing and able to look, see, and tell the truth.

I am ready and willing to assume responsibility for my life NOW.

I love and accept myself.

I trust the choices I make.

I trust that others have their own answers for their life.

I choose to live and I accept love, help, and healing.

I am worthy of having what I want, my needs matter.

I do my best and my best is good enough.

These affirmations address the core issues that most people struggle with at a deeper level of their being. Putting a daily focus on these truths will shift your core vibration which allows greater shifts in your life.

God Bless You,
Carol Tuttle

www.youremotionalhealing.com

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And if you had this email forwarded to you and would like to

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