

Find the Fun First!

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This idea resonated with me and I have listen to many of Carol Looks EFT CDs. Recommended

Find the Fun First?

Just imagine how much abundance would flow into your life...

I know that there are many events or projects we have to do in our lives that feel like obligations, shoulds and have-tos... It doesn't feel as if we have much of a choice. So until we are living a life without any shoulds and have-tos, I invite you to ***Find the Fun First!***

So let's say you have to go to a school event for the kids that you don't feel like attending - what do you do? Instead of grumbling about it, feeling down and resentful, or acting out by being late, ***Find the Fun First.*** Find something about this event that is ok, find something that wouldn't be that bad... find something that would make it tolerable, even fun...

Suppose you have to attend a meeting for work that seems boring, a waste of time, not useful when your list of things to do is so long. What do you do? ***Find the Fun First!*** Find a reason to go, find a reason you will learn something, a "because" that will work for you!

It doesn't take long to ***Find the Fun First,*** but it does take a little effort. You need to have it on your mind so you actually do it.

Being inspired to ***Find the Fun First*** really mobilizes your positive energy and communicates to the Universe that you're "serious" about fun... if you know what I mean. And you know that you get what you're looking for, so if you are intent on ***Finding the Fun First,*** you will definitely find it.

What's the point of ***Finding the Fun First?*** Being inspired to ***Find the Fun First*** will help you attract more abundance into your life, but believe it or not, that's not the point! ***Finding the Fun First*** will make your life more enjoyable, make your vibration lighter about your day, help you be "attractive" to higher vibrating experiences.

Remember that spending time and energy on an inspiration such as ***Finding the Fun First*** will make you feel better about everything you have to do in your life. You'll feel better about all the chores, the have-tos and stuff you just can't get out of yet... And yes, in addition, it will help you attract more abundance!

Once again, there are nothing but advantages and positive consequences when you focus and put energy into ***Finding the Fun First.*** I can't think of a single "downside" to making the effort to do this. For those of you who prefer to grumble and complain, beware, this will definitely interrupt that habit... so you may need to tap on how hard it is to give up complaining!

We know that the Universe ***hears our vibration not our words.*** We have all learned from *Law of Attraction* teachers that we will receive more of what we are "broadcasting" to the Universe. So get inspired to ***Find the Fun First*** - you know your vibration will improve!

***Remember that our thoughts are real
and carry energy...***

Our vibration matters!

So I invite you to ***Find the Fun First*** and enjoy the vibration and the abundance of new miracles you will now be pulling effortlessly into your life. I recommend taking small steps until you ***Find and Feel the Fun...*** otherwise you're asking yourself to make too big of a leap from your "have-to" chore.

- (1) Think of the event or project or chore you "have to " do -
- (2) Find something about it that's not so bad, not too terrible, not horrible.
- (3) Then find something a little better, a little easier. It might sound like: "*at least I'll be able to...*"
- (4) Then ***Find the Fun*** in it... and...
- (5) Write about it, looki forward to it, and talk about it out loud!

As ***Law of Attraction*** teachers say -- it's all energy. ***The Law of Attraction*** sends you situations that have the same energy and vibration you are putting out... so when you start feeling inspired to ***Find the Fun First,*** the Universe will bring you more opportunities for appreciation and more

opportunities that actually do feel fun!

***It's your choice... Find the Fun First
and enjoy the successes that flow
into your life!***

More on this topic and detailed EFT tapping phrases for it at

<http://www.attractingabundance.com/>