

Polyamory As A Spiritual Path 4/6/11 - Wed Gathering in Rockville

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This Wednesday [Sandbox gathering](#) we join Cathy and Barry Smiler who will lead a discussion of **Polyamory As A Spiritual Path**. Our format will be more conversation than lecture as we explore this topic together.



Polyamory can be a powerful path of personal growth, a framework for considering deep issues of self-empowerment, responsibility, community and what keeps us from real emotional intimacy and deep communication with ourselves and others. It's a truism that everybody does poly differently, but what that really means is that if you want, every aspect of how we live and relate can be on the table for consideration, not simply the elements around sexuality. When seen in this way, the poly vision of co-creating relationships offers a powerful opportunity to reconsider who we're close to, and why and why not. Taken the right way, this ongoing opportunity to re-evaluate all our boundaries to intimacy can be a powerful and growth-expansive spiritual practice.



Cathy and Barry have been leading poly discussion groups, workshops, and other events for years, initially in California and nowadays in the DC/MD/VA region, and especially in the Baltimore area where they live. They can be reached at polyjunction (at) gmail (dot) com or

through the BmorePoly Meetup at <http://www.meetup.com/BmorePoly/>