The Right Friend 12/8/10 - Wed Gathering in Rockville

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This Wednesday <u>Sandbox gathering</u> we learn how to listen to our right friend - the inner voice that will help us grow more and help us create good things in our lives. Have you ever seen or felt signs from your Higher Self? Would you like your life to contain less struggle and more joy? Would you like to learn how to turn up the volume on your inner GPS?



We will watch the award winning short movie <u>The Right Friend</u> about a woman who is advised by two inner voices - her Ego and her Higher Self. Then we will discuss how we can listen to our own inner voices and how to tell the difference between them. And learn how to listen to our inner guidance more clearly.

The workshop begins after dinner at 8pm. I invite you to join us, though as always what ever choice you make you will be honored in.