

Music from Wednesday Gatherings - Kundalini Yoga chant

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Here are some of the Kundalini yoga chant music that I play on Wednesday night that helps create a peaceful and loving atmosphere. The links to SpiritVoyage's site let you listen to clips from the CDs.

- [Blessings for a woman](#) by Sat Kirin Kaur Skalsa
- [Liberation's Door](#) by Snatam Kaur
- [Anand](#) by Snatam Kaur
- [Adhara](#) by Nirinjan Kaur
- [Aquarian](#) by Nirinjan Kaur