

## Who's in charge of your TV set?

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Related Categories: Spirit, Language

I haven't watched TV news or listened to radio news for about 3 years now. I do sometime read headlines in the Washington Post when I am grocery shopping. But my main news source is what friends and coworkers are talking about. If it is big news then I hear about it. (I used to spend an hour a day reading the Post cover to cover plus CNN, PBS news. I guess I was a news junkie!)

So I found this article by Joe Vitale about new and a new positive only interesting.

Joe Vitale wrote:

>  
As you probably know, I'm not a  
  
>  
fan of mainstream news.  
  
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Why?  
  
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>  
It's generally 99% negative and fear based.  
  
>  
Not to mention, most of the news has very  
  
>  
little impact on your daily life, unless you  
  
>  
choose to engage and consume it, which

>  
doesn't feel good at all.

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>  
Why invite it in to begin with?

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This is not the "Outer Limits." You are in

>  
complete control of your television set.

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With that said, I am a major fan of reading

>  
and consuming positive and inspirational

>  
books, news, press and headlines. For me

>  
this is an inspiring process that helps foster

>  
creativity and success.

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This morning I read a batch of the latest

>  
testimonials and case studies from my Miracles

>  
Coaching students. Wow - talk about a jolt of

>  
inspirational adrenaline. My coaching students

>  
are taking the expression "Dare Something Worthy"

>  
to new heights.

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One particular case study really caught

>  
my eye, as it seemed to truly embody

>  
taking immediate action on an inspired idea.

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Inspired largely by my book "The Attractor

>  
Factor", one of my miracles coaching students

>  
developed a "positive news" website.

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>  
Yep. This site has nothing but positive news

>  
relating to business, politics, health, science,

>  
entertainment and more. You can see it here --

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>  
<http://www.positivenewz.com>

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>  
Now that's a news site worth visiting.

They have an old saying in newspapers that "if it bleeds it leads". I take to mean that violence, conflict and fear tend to make it to the front page or leading stories. This is even more true of TV, which is a more emotional medium.

I do like some radio shows such as This American Life which goes into non-leading stories.

Perhaps if you contact the website with you idea for actionable news they would be interested.

If you don't already read it you might check out Yes magazine <http://www.yesmagazine.org/>

"Concerned with building a more just, sustainable, and compassionate future with articles about economic alternatives and peace options."

I also watch spiritual cinema circle DVDs as a way to find uplifting movies and documentaries. <http://www.spiritualcinemacircle.com/>

Does any one have any other positive magazines, website or shows they can recommend?