

## Who's in charge of your TV set?

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I haven't watched TV news or listened to radio news for about 3 years now. I do sometime read headlines in the Washington Post when I am grocery shopping. But my main news source is what friends and coworkers are talking about. If it is big news then I hear about it. (I used to spend an hour a day reading the Post cover to cover plus CNN, PBS news. I guess I was a news junkie!)

So I found this article by Joe Vitale about new and a new positive only news website interesting.

Joe Vitale wrote:

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> As you probably know, I'm not a
> fan of mainstream news.
>
> Why?
>
> It's generally 99% negative and fear based.
> Not to mention, most of the news has very
> little impact on your daily life, unless you
> choose to engage and consume it, which
> doesn't feel good at all.
>
> Why invite it in to begin with?
>
> This is not the "Outer Limits." You are in
> complete control of your television set.
>
> With that said, I am a major fan of reading
> and consuming positive and inspirational
> books, news, press and headlines. For me
> this is an inspiring process that helps foster
> creativity and success.
>
> This morning I read a batch of the latest
> testimonials and case studies from my Miracles
> Coaching students. Wow - talk about a jolt of
> inspirational adrenaline. My coaching students
> are taking the expression "Dare Something Worthy"
> to new heights.
>
> One particular case study really caught
> my eye, as it seemed to truly embody
> taking immediate action on an inspired idea.
>
> Inspired largely by my book "The Attractor
> Factor", one of my miracles coaching students
> developed a "positive news" website.
>
> Yep. This site has nothing but positive news
> relating to business, politics, health, science,
> entertainment and more. You can see it here --
>
> http://www.positivenewz.com
>
> Now that's a news site worth visiting.
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They have an old saying in newspapers that "if it bleeds it leads". I take to mean that violence, conflict and fear tend to make it to the front page or leading stories. This is even more true of TV, which is a more emotional medium.

I do like some radio shows such as This American Life which goes into non-leading stories.

Perhaps if you contact the website with you idea for actionable news they would be interested.

If you don't already read it you might check out Yes magazine <http://www.yesmagazine.org/>

"Concerned with building a more just, sustainable, and compassionate future with articles about economic alternatives and peace options."

I also watch spiritual cinema circle DVDs as a way to find uplifting movies and documentaries.

<http://www.spiritualcinemacircle.com/>

Does any one have any other positive magazines, website or shows they can recommend?