

## Second Son, Slash and Burn, Unity healing

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I do daily energy clearing exercises to keep my vitality and health good. I think this is especially important in these rapidly changing times. So this week's Wednesday gathering on Polarity Therapy for Vitality is interesting to me

Here in Paraguay I have been reading " **The Second Son** " by Charles Sailor, a novel that explores what happens when a Brooklyn ironworker discovers that he has amazing healing powers and is thought by some people to be the second son of god. Interesting to look at how people give their own power away and even when he points this out to them and helps them to help each other directly some people still want to worship him instead. Also on how many give away their power to governments, business, religions etc. If you like spirituality, self empowerment and a good story then I recommend checking it out.



When I was in the jungle last week I also saw some **slash and burn** farming - where they cut down the jungle trees and bushes and burn them in order to grow vegetables and grass for cattle. The problem is that the soil in the jungle is very thin and basically mostly sand. Only having the complex mix of trees and bushes and animals does it thrive. What I noticed is that the grass fields were much drier than the jungle and many fewer species too. I don't know for sure but I think after 10-20 years even the grass can not grow and the land could tend to desert. Isn't this what happened in the Sahara in Africa? Forest cut down, grass land over grazed, dries out, turns to desert. At the hotel I was staying at this week they had a satellite photo of the whole earth and I noticed that the north of Africa was yellow and brown (desert) whereas the same

area in South America and the Far East was green (jungle). I am guessing that before the agricultural rise of man in Africa 10,000 years ago that North Africa was a tropical forest like the Amazon is today. What a loss for our planet! I felt sad.

Perhaps the earth needs some energy healing too. Perhaps that is partly by the 2012 healing of all the people on our planet... so we can see that all is one and that hurting the planet is hurting ourselves.