Is it necessary to be angry to take action for peace?

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Interesting quote on if it is ok to be peaceful - because "only if I am angry do I want to take action for peace".

I've heard people say that they cling to their painful thoughts because they're afraid that without them they wouldn't be activists for peace. "If I feel peaceful," they say, "why would I bother taking action at all?"

My answer is "Because that's what love does." To think that we need sadness or outrage to motivate us to do what's right is insane. As if the clearer and happier you get, the less kind you become. As if when someone finds freedom, she just sits around all day with drool running down her chin.

My experience is the opposite.

Love is action.

- Byron Katie

My view is that now we have entered the Aquarian Age (on June 21st 2012) there is no longer any need to hang on to lower vibrations. Before it might have been useful to use that energy of anger to take action. Now I can chose to act from a vibration of peace or love.