Why People are acting crazy - magnetic field shifts

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I have noticed some people acting weird and crazy this year. I read that the change in magnetic field that is occurring this year can affect peoples mental state. Apparently the Sun is very active right now and that affects the Earth's magnetic field which in turn affects people's mental state. A recent study published in New Scientist indicates a direct connection between the Sun's solar storms and human biological effect.

This article below is from the <u>Arlington Institutes's Future edition April newsletter</u>, which I recommend as a way to keep up with the increasingly rapid pace of change in earth shifts, technology, politics, societies and human development.

Unusual Sun and Earth Events

Some interesting things have been happening lately relative to both the sun and our planet. There seems to be a convergence of unusual energy from the sun and changes in the earth's gravitational field that are spawning a series of unprecedented earth changes.

The sun has been doing some unusual things in the recent weeks. Big solar storms and phenomena never before seen (like tornadoes – <u>see video here</u>) are being seen. See videos <u>here</u> and <u>here</u> of flares of the last few days.

Physical and Emotional Implications

This recent intensive amount of solar activity is affecting both the Earth and Humans. Solar flares can affect the central nervous system, all brain activity, along with human behavior and all psychophysiological (mental-emotional-physical) response. An article on PreventDisease.com discusses How Solar Activity Is Influencing Human Consciousness

According to Mitch Battros – <u>Earth Changes Media</u>, "One of the best known prophecies/ predictions of our Mayan elders is the message of a changing paradigm of our era. In the words of the Maya, it is said that we are now in a time of "change and conflict". The change is coming from the 'outside' in the way of weather, natural phenomena, celestial disturbance (sun flares) and manmade self-inflicted trauma. The conflict comes from the 'inside' in the way of personal challenge, grief, bewilderment, depression, anxiety, and fear. It is said we are "at the cross roads": a time of choosing a new path, deciding on a new self and community direction, venturing into the unknown, finding our true identity of being. Others will choose to stay on the same road, stay with the familiar, and place great effort to maintain "predictability."

A recent study published in *New Scientist*, indicates a direct connection between the Sun's solar storms and human biological effect. The conduit which facilitates the charged particles from the Sun to human disturbance is the very same conduit which steers Earth's weather through the Magnetic Field on Earth, and also through the magnetic fields around humans.

"Solar flares can cause us to be nervous, anxiousness, worrisome, jittery, dizzy, shaky, irritable, lethargic, exhausted, have short term memory problems and heart palpitations, feel nauseous, queasy, and to have prolonged head pressure and headaches. Do you have any of the above lately?"

Heather Carlini from the <u>Carlini Institute for Therapy</u>, <u>Research and Transpersonal Education</u> also thinks that these energy bursts from the sun are causing significant physical and emotional changes in humans.

"Let's look at the symptoms that are being reported. I have to say that many who wrote me felt they couldn't tell others around them about the symptoms they were experiencing for fear of others thinking they were crazy. Little do they know that people all over the world were experiencing the same symptoms at the same time. Many wrote of going to doctors for a battery of tests only to have them come back negative. I am included in this as I also had the same thing happen to me twice.

"I am hearing about people experiencing head pressure, headaches, migraines, the inability to think straight, losing words in the middle of a thought (that's me)?, and ringing in the ears. Our hypothalamus and pituitary glands tune into this new frequency coming in from the solar flares, and within each of our cells there are receptors in the protein channels that pick up vibrations from the outside.

"Many of my readers reported feeling exhausted, which is the body's way saying it needs rest to process

all this incoming energy. We are intimately connected to this change in frequency and more and more people are becoming intuitively aware of this as well. It feels as if time is speeding up. Many people have new intuitive abilities waking up, which I also discuss in detail in my new book."

The massive expulsions of material and magnetic energy from the sun distorts the earth's magnetosphere which, in turn, "pressures" the earth such that there appears to be a direct relationship between significant storms on the sun and earthquakes and volcanoes which show up here 12-36 hours later. For example, there were a number of these big solar storms the day before the big earthquake off of the coast of Japan a year ago which generated the extraordinary tsunami that caused so much damage and pain. See this rather amazing summary of the more than 12,000 earthquakes that attended that event.

It's not just earthquakes and volcanoes; scientists believe that all of this energy is generating the <u>unusual</u> sounds that are being heard at various places around the world.