9/20 - Bliss Beginner’s Tantra Intensive Sunday 4/17/10
Posted At : August 10, 2009 6:00 PM | Posted By : Michael Smith
Related Categories: Events, Spirit

<!-- /* Font Definitions */ @font-face {font-family:Wingdings; panose-1:5 0 0 0 0 0 0 0 0 0; mso-font-charset:2; mso-generic-font-family:auto; mso-font-pitch: variable; mso-font-signature:0 268435456 0 0 -2147483648 0;} @font-face {font-family:"Comic Sans MS"; panose-1:3 15 7 2 3 3 2 2 2 4; mso-font-charset:0; mso-generic-font-family:script; mso-font-pitch:variable; mso-font-signature:647 0 0 0 159 0;} @font-face {font-family:Papyrus; mso-font-alt:"Courier New"; mso-font-charset:0; mso-generic-font-family:script; mso-font-pitch:variable; mso-font-signature:3 0 0 0 1 0;} @font-face {font-family:"Cooper Black"; mso-font-alt: Century; mso-font-charset:0; mso-generic-font-family:roman; mso-font-pitch: variable; mso-font-signature:3 0 0 0 1 0;} @font-face {font-family:"Bookman Old Style"; panose-1:2 5 6 4 5 5 5 2 2 4; mso-font-charset:0; mso-generic-font-family: roman; mso-font-pitch:variable; mso-font-signature:647 0 0 0 159 0;} /* Style Definitions */ p.MsoNormal, li.MsoNormal, div.MsoNormal {mso-style-parent:""; margin:0in; margin-bottom:.0001pt; mso-pagination:widow-orphan; font-size:12.0 pt; font-family:"Times New Roman"; mso-fareast-font-family:"Times New Roman";} h1 {mso-style-next:Normal; margin-top:12.0pt; margin-right:0in; margin-bottom:3.0pt; margin-left:0in; mso-pagination:widow-orphan; page-break-after:avoid; mso-outline-level:1; font-size:16.0pt; font-family:Arial; mso-font-kerning:16.0pt;} h2 {mso-style-next:Normal; margin:0in; margin-bottom:.0001pt; text-align:center; mso-pagination:widow-orphan; page-break-after:avoid; mso-outline-level:2; font-size:16.0pt; mso-bidi-font-size:10.0pt; font-family:"Cooper Black"; layout-grid-mode:line; mso-bidi-font-weight:normal;} h3 {mso-style-next: Normal; margin:0in; margin-bottom:.0001pt; text-align:center; mso-pagination: widow-orphan; page-break-after:avoid; mso-outline-level:3; font-size:14.0pt; mso-bidi-font-size:10.0pt; font-family:"Bookman Old Style"; layout-grid-mode:line; mso-bidi-font-weight:normal;} h4 {mso-style-next:Normal; margin:0in; margin-bottom:.0001pt; text-align:center; mso-pagination:widow-orphan; page-break-after: avoid; mso-outline-level:4; font-size:12.0pt; mso-bidi-font-size:10.0pt; font-family:"Times New Roman"; layout-grid-mode:line; mso-bidi-font-weight: normal;} h5 {mso-style-next:Normal; margin:0in; margin-bottom:.0001pt; mso-pagination:widow-orphan; page-break-after:avoid; mso-outline-level:5; mso-layout-grid-align:none; text-autospace:none; font-size:14.0pt; mso-bidi-font-size: 12.0pt; font-family:Arial; font-weight:normal;} h6 {mso-style-next:Normal;

margin:0in; margin-bottom:.0001pt; text-align:center; mso-pagination:widow-orphan; page-break-after:avoid; mso-outline-level:6; font-size:14.0pt; font-family:" Comic Sans MS"; mso-bidi-font-family:Arial; font-weight:normal; font-style: italic;} p.MsoHeading7, li.MsoHeading7, div.MsoHeading7 {mso-style-next: Normal; margin:0in; margin-bottom:.0001pt; text-align:center; mso-pagination: widow-orphan; page-break-after:avoid; mso-outline-level:7; font-size:12.0pt; font-family:"Comic Sans MS"; mso-fareast-font-family:"Times New Roman"; mso-bidi-font-family:"Times New Roman"; font-style:italic;} p.MsoTitle, li.MsoTitle, div.MsoTitle {margin:0in; margin-bottom:.0001pt; text-align:center; mso-pagination:widow-orphan; font-size:26.0pt; mso-bidi-font-size:10.0pt; font-family:"Times New Roman"; mso-fareast-font-family:"Times New Roman";} p. MsoBodyText, li.MsoBodyText, div.MsoBodyText {margin:0in; margin-bottom:. 0001pt; mso-pagination:widow-orphan; font-size:9.0pt; mso-bidi-font-size:10.0pt; font-family:"Comic Sans MS"; mso-fareast-font-family:"Times New Roman"; mso-bidi-font-family:"Times New Roman"; layout-grid-mode:line;} p. MsoBodyTextIndent, li.MsoBodyTextIndent, div.MsoBodyTextIndent {margin-top:0in; margin-right:0in; margin-bottom:6.0pt; margin-left:.25in; mso-pagination: widow-orphan; font-size:12.0pt; font-family:"Times New Roman"; mso-fareast-font-family:"Times New Roman";} p.MsoBodyText2, li.MsoBodyText2, div. MsoBodyText2 {margin-top:0in; margin-right:0in; margin-bottom:6.0pt; margin-left:0in; line-height:200%; mso-pagination:widow-orphan; font-size:12.0pt; font-family:"Times New Roman"; mso-fareast-font-family:"Times New Roman";} p. MsoBodyText3, li.MsoBodyText3, div.MsoBodyText3 {margin:0in; margin-bottom:.0001pt; mso-pagination:widow-orphan; mso-layout-grid-align:none; text-autospace:none; font-size:10.0pt; mso-bidi-font-size:11.0pt; font-family:"Times New Roman"; mso-fareast-font-family:"Times New Roman"; color:blue;} a:link, span.MsoHyperlink {color:blue; text-decoration:underline; text-underline:single;} a:visited, span.MsoHyperlinkFollowed {color:purple; text-decoration:underline; text-underline:single;} pre {margin:0in; margin-bottom:.0001pt; mso-pagination: widow-orphan; font-size:10.0pt; font-family:"Courier New"; mso-fareast-font-family:"Times New Roman";} span.EmailStyle23 {mso-style-type:personal; mso-ansi-font-size:10.0pt; mso-bidi-font-size:10.0pt; mso-ascii-font-family:Arial; mso-hansi-font-family:Arial; mso-bidi-font-family:Arial; color:windowtext;} span. EmailStyle24 {mso-style-type:personal; mso-ansi-font-size:14.0pt; mso-bidi-font-size:14.0pt; mso-ascii-font-family:Arial; mso-hansi-font-family:Arial; mso-bidi-font-family:Arial; color:blue; font-weight:normal; font-style:normal; text-decoration:none; text-underline:none; text-decoration:none; text-line-through: none;} @page Section1 {size:8.5in 11.0in; margin:1.0in 1.25in 1.0in 1.25in; mso-

header-margin:.5in; mso-footer-margin:.5in; mso-paper-source:0;} div.Section1 {page:Section1;} /* List Definitions */ @list l0 {mso-list-id:-2; mso-list-type: simple; mso-list-template-ids:-1;} @list l0:level1 {mso-level-start-at:0; mso-level-text:*; mso-level-tab-stop:none; mso-level-number-position:left; margin-left:0in; text-indent:0in;} @list l1 {mso-list-id:391663041; mso-list-type:hybrid; mso-list-template-ids:1816850764 67698693 67698691 67698693 67698689 67698691 67698693 67698689 67698691 67698693;} @list l1:level1 {mso-level-number-format:bullet; mso-level-text:; mso-level-tab-stop:.5in; mso-level-number-position: left; text-indent:-.25in; font-family:Wingdings;} @list l2 {mso-list-id: 1337269984; mso-list-type:hybrid; mso-list-template-ids:1739068340 67698693 67698691 67698693 67698689 67698691 67698693 67698689 67698691 67698693;} @list l2:level1 {mso-level-number-format:bullet; mso-level-text:; mso-level-tab-stop:.5in; mso-level-number-position:left; text-indent:-.25in; font-family:Wingdings;} @list l3 {mso-list-id:1503668699; mso-list-type:hybrid; mso-list-template-ids:-2081651328 67698689 67698691 67698693 67698689 67698691 67698693 67698689 67698691 67698693;} @list l3:level1 {mso-level-number-format:bullet; mso-level-text:; mso-level-tab-stop:.5in; mso-level-number-position:left; text-indent:-.25in; font-family:Symbol;} @list l0:level1 lfo1 {mso-level-start-at:1; mso-level-number-format:bullet; mso-level-numbering:continue; mso-level-text:; mso-level-tab-stop:none; mso-level-number-position:left; mso-level-legacy:yes; mso-level-legacy-indent:.25in; mso-level-legacy-space:0in; margin-left:.25in; text-indent:-.25in; font-family:Symbol;} ol {margin-bottom: 0in;} ul {margin-bottom:0in;} -->

This workshop has been rescheduled to 4/17/10

Tantra is an ancient form of Yoga and is unlike most forms of Yoga today it is non-postural yet it activates, clears and balances the Chakras (energy centers) of the body. When these centers are balanced, you feel more alive; you look more attractive and sexy, you manifest what you desire.

Tantra originates from 6000 year old Egyptian, Indian, and Tibetan practices that teach us what our bodies are capable of: more pleasure, agelessness.

Wouldn't you want these benefits if you found the practices quick and easy?

Learn something new and transform your life.

9/20 - B liss Beginner's Tantra Intensive – Baltimore/DC area

Times: Sunday 10am-7pm

Cost: $260 (this includes Cobra breath, DVD, handouts and online egroup). Special offer-2-for the price of 1 with purchase of Sex & Happiness: The Tantric Laws of Intimacy book.

Location: Home of Michael Smith in Rockville – address given when you register

To register call: (202) 686-7440 or for more info www.butterflyworkshops.com

Laurie Handlers is a spiritual leader and dynamic speaker. She holds a Masters degree in Education and a bachelor's degree in Psychology and Sociology. She has taught Butterfly Tantra workshops for women, men, couples and singles since 1999. She is an international presenter and workshop leader and has been featured in articles, on radio and TV in the United States and abroad. You can order her Shamanic Release & Latihan CD her Bliss: Beginner's Tantra DVD or her new book Sex & Happiness: The Tantric Laws of Intimacy on her website below. You can catch pod casts of her radio show at www.tantracafe.com .

Here are some of my favorite quotes from Laurie's Sex & Happiness: The Tantric Laws of Intimacy book:

- “If I could distill all my advice about Tantra and sex into one sentence, that sentence would be, Make love in the unknown. In answer to all your fears and doubts about sex, I’d simply say to you, bring back your beginner’s mind. Come to the bedroom with no expectation. Come with openness in your heart for whatever happens.”
- “In Tantra you'll feel more peaceful, more tolerant, more aware of the world that has nothing to do with doing; everything to do with being.”
- “Intimacy with another requires first and foremost coming to peace with your own emotional and physical needs.”
- "Through Tantra, the power of sexual energy is able to render transformation."