

Amma in DC 7/12-13/09

Posted At : July 11, 2009 2:19 PM | Posted By : Michael Smith

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The hugging saint Amma will be in DC 7/12-13/09 this year. I have been to the event last years. It is free - I think about 10,000 people come over the two days for hugs. Each person gets an individual hug. A hug you might ask - what is all the fuss? For me it was a transformative experience of unconditional love that has lasted ever since. All lots of cool people, Indian CDs, jewelry and clothing. Vegan food is served at low prices.

More info at

<http://www.ammadc.org/>