

Physics, Enrgy and lifting depression

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I have always been interested in physics - the math behind why we are here and how the cosmos works - black holes, quantum particles and more. I took a math degree at university and got to study some quantum mechanics then - I remember being very confused about the whole thing, while fascinated at the same time! In the last ten years I have also become interested in spiritual work and our connection to the divine and finding the god within each of us. I am very interested in how some modern science connects the two... so the movie this tie at Sandbox " [Crossing The Event Horizon](#) " is intriguing. Note this gathering was scheduled originally in January but then we had that big snow storm so we are repeating this week, as last time only two folks made it though the snow and even they had to sleep over due to the snow depth!

Here is Bolivia I am going to a Kabbalah workshop on Friday on the Ana B'Koah meditation - it is at a local spiritual center called Kryon House that I found though my friend Jamila. I did some exploring of La Paz last week and found a British bar called Oliver's Travels in the middle of an old part of town. While I was assumed to see British beer and food the main interests were the large book exchange and a chat with a Liverpublian who has lived in Australia and South America since 1981 when he got fed up with Margret Thatcher. He earns enough in a year working in Australia as a miner to travel for two years elsewhere. Books are one of he few things that are relatively expensive here - Bs 80 - 150 each (USD \$11 -20) for a used English book. Or 50% off if you in another title. Spanish books are not much cheaper, having been imported from Europe in many cases. I bought a copy of Lewis Caarrolls "Alicia en el pais de la maravillas" (Alice in Wonderland) which I am very slowly reading - having to look up 10-20% of the words in a dictionary.

I was tired and depressed last week - I am not sure if is lack of a vitamin I take for happiness (5HTP), change from living with large family to quiet space here, earth vibration changes and detox or getting used to the high energy of a city after living in the countryside. Or a combination of all he above. But I have been using some clearing methods from Donna Eden's book Energy Medicine every day and today I cleared a large morphic field of society cold depression from around my head using Mark Dunn healing method and felt much happier afterwards. :-) I am going to have some 5HTP shipped to me here because i have tried about 6 pharmacies here and they don't carry it.