

Abundance and Love from the inside out

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In the last 5 weeks I have experiences many energy clearings and downloads like the ones in the Matrix seminars. Physically I sometimes feel low energy or have stomach problems/diarrhea. Or stuck energy around my head shoulders like many of us did last summer. Is anyone else experiencing clearings at this time? I think is is part of our accention process

Also I did a big energy clearing around money last Thursday (my birthday) with a Matrix Energetics person from New Jersey [Elyse Hope Killoran](#) - cleared a lot of toxic emotions around money such as fear, grief, procrastination. I am now working on staying in the pink/red/peach energy/light of abundance, joy and freedom every day. And noticing when a morphic field (either mine or larger) is cutting into my energy field then removing it with love and Matrix and Mark Dunn method.

Prosperity comes from within - it is my job to clear my energy and staying in that space of abundance/love and take inspired actions from that space. (As opposed to manipulating the outside world in order to feel better). Very interesting! And with the possible coming financial crisis in US it is helpful that us many of us are able to **take a stand for love, abundance, health and peace while the outside indicators show something else** . This will help others to shift into a space of love or transition from this plane in peace.

Is anyone else in the group working on clearing to a space of love within? and what are your experiences?

I think the same method applies to health, relationships, peace etc. This is related to the work of Abrams-Hicks and the new book Love for No Reason by Marci Shimhoff. (Both recommended reading)