

Dare to Be Different

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Sometimes we want everyone to like us and go into control patterns to try to achieve this instead of being real with others. This article talks about this and gives some tips on being your true self.

"When I was a little girl, about nine years old, living in Bay Village, Ohio, I came home from a birthday party and burst into tears. "What's wrong?" my mother asked.

"Suzy Wright doesn't like me!" I said.

"How do you know?"

"Because everyone told me she doesn't," I sobbed.

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